

Requirements for KEK employees on long-term stays overseas

< Health Examinations >

Under Japanese law, KEK employees are required to undergo the following health examinations.

Category	Type of health examination	Frequency	Period
(1) All employees	Regular health examination	Once a year	Around June
(2) Employees engaged in radiation work	Health examination for radiation workers	Twice a year	Around June and December
(3) Employees staying overseas for six months or longer	Health examination before/after travel	Once before departure and once after return	As needed

(The descriptions below are for explanatory purposes and do not constitute strict legal definitions.)

Employees who are unable to undergo the above health examinations due to long-term overseas stays

1. As soon as it is decided that you will stay overseas for six months or longer, contact the Health Consultation Office.
 2. You will be informed about the scheduling of health examinations before and/or after your return to Japan.
- * Since it may be difficult to make appointments at designated medical institutions on short notice, please contact the Health Consultation Office as early as possible.

Employees who are KEK radiation workers and will continue to engage in radiation work overseas

If more than six months have passed since your last examination, you are not allowed to engage in radiation work.

Therefore, you must undergo the health examination for radiation workers at KEK.

- * At the time of the examination and interview, please confirm your radiation exposure history at the host institution.

Employees staying overseas for a long period (several years) who temporarily return to Japan

1. Contact the Health Consultation Office as early as possible.
2. You will be guided regarding examinations at designated medical institutions.

How to Undergo the Health Examination for Radiation Workers

<Basic: Be sure to complete A and B below>

A. Regular health examination at a designated venue (around June each year)

B. Regular web-based questionnaire (around December each year)

<If you are unable to complete the above, please contact the Health Consultation Office>

C. Interview by an occupational physician (in person or online)

D. Examination at a designated medical institution

For KEK Radiation Workers Who Continue Radiation Work Overseas for a Long Period

< Refresher Training >

Refresher training will be conducted via the e-learning system around October–November.

An announcement will be sent via KEK e-mail. Please be sure to complete the training.

< Management of Radiation Dose >

To record your dose in the KEK system,

please obtain your radiation exposure history from the host institution and send it to the Radiation Control Office once a year (e.g., at the end of the fiscal year).

If your exposure exceeds 0.1 mSv, please notify the Radiation Control Office.

< After Returning from a Long-Term Stay Overseas >

Please contact the Radiation Control Office to resume your dosimeter (badge) use.

At that time, submit your radiation exposure history at the host institution to the Radiation Control Office.

Regarding how to undergo the health examination for radiation workers, the Health Consultation Office will provide guidance depending on your most recent examination status.

Contact: KEK Radiation Control Office, rad-office@ml.post.kek.jp